



# SCHWINN

## 230i RECUMBENT BIKE



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Introducing the upgraded Schwinn® cardio line with an updated user interface featuring a unique DualTrack™ multi-LCD display and workout tracking capability to help the user achieve their fitness goals. Completely rebuilt from the inside out the updated cardio line features upright, recumbent, elliptical and treadmill products.



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### TECHNOLOGY

- 22 programs: 9 profile, 8 heart rate control, 2 custom, 2 fitness test, 1 quick start
- Track your last workout, longest workout, calorie record, last 7 days and last 30 days with Goal Track

### PERFORMANCE & QUALITY

- 20 levels of resistance for a wide range of workout intensity options
- High speed, high inertia drive system with a perimeter weighted flywheel for easy start up and smooth, consistent workouts

### COMFORT & USABILITY

- DualTrack™ LCD displays, media shelf, in-console speakers with a MP3 input port, USB media charging, and adjustable fan



### FEATURES

| PROGRAMS                    | 22   |
|-----------------------------|--|
| WORKOUT PROGRAMS            | 1 Quick Start, 9 Profile, 8 Heart Rate, 2 Fitness Test, 2 Custom |
| GOAL TRACK                  | Yes  |
| CHARGING USB PORT           | Yes  |
| HEART RATE                  | Contact  |
| DISPLAY TYPE                | 2 LCD displays   |
| DUAL TRACK DISPLAY          | Yes  |
| RESISTANCE LEVELS           | 20   |
| EDDY CURRENT BRAKE          | Yes  |
| MEDIA TRAY                  | Yes  |
| WATER BOTTLE HOLDER         | Yes  |
| FAN                         | Yes  |
| SPEAKERS                    | Yes  |
| STABILIZER FRAME LEVELERS   | Yes  |
| TRANSPORT WHEELS            | Yes  |
| SWITCHABLE FROM MILES TO KM | Yes  |
| SLIDING SEAT RAIL           | Yes  |
| OVERSIZED DELUXE PEDAL      | Yes  |
| MAXIMUM USER WEIGHT         | 136kg / 300 lbs  |